



Newbold Parish Church 50p

# The Evangelist

October 2020



[www.newboldparishchurch.org.uk](http://www.newboldparishchurch.org.uk)



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Annual Subscription £5.00

## **Worship at Newbold Parish Church**

Church continues to be open on

**Wednesday morning 10am-12pm**

(for individual private prayer)

**and Sundays at 10am for Mass**

Current health protection measures such as physical distancing, the use of hand gel on entry and exit and the wearing of masks will continue for the foreseeable future. Please do not attend if you feel unwell.

While those at extra risk and the 'clinically extremely vulnerable' should be advised of the risks of attending public worship, a decision to do so is theirs alone.

## **Harvest Festival**

**Sunday 11<sup>th</sup> October 10am Mass**

At this service we will be taking donations for the foodbank, food hut, and the bishop of Derby's harvest appeal.

## **All Souls**

There will be a service of worship, in Church, on

**Sunday 1st November at 6pm**

This service will include an opportunity to remember those we have lost. There will be two further services of memorial on the following two Sundays, also at 6pm – details to follow  
For further information please contact Sue in the Church Office 07787 980961

## From the curate

*From Revd Rhoda*

On Saturday 26th September at a service at Derby Cathedral I was ordained as a priest to serve the community of Newbold Parish. As it says in the ordination service, I cannot bear the weight of this calling in my own strength, but only by the grace and power of God.

When Bishop Libby laid her hands on my head, she prayed, 'send down the Holy Spirit on your servant Rhoda, for the office and work of a priest in your Church'.

During the service, the congregation is asked if they will continually pray for, and uphold and encourage the priests in their ministry. Therefore, we, as priests are in a partnership together with you, the Church—we serving you and you upholding and praying for us, and all of us relying on God.



At the ordination service, the stole I wore over the left shoulder as a deacon is adjusted to be worn around the neck hanging down in front. Many people have their white ordination stoles decorated with symbolism that is specific to them and their faith journey, and I thought I'd use this opportunity to tell you about mine.

The two eagles represent my reliance on God. Isaiah says that those that wait on the Lord will renew their strength and

mount up with wings like eagles. Moses song likens God's care of his people as being like a parent eagle that stirs up its nest and hovers over its young as they learn to fly. Just this last week as I was walking on ordination retreat, I heard the plaintive mewing of a buzzard, and watched a family party of 2 then 3 then 4 climbed the thermals on a ridge above the trees, soaring to quite a height. For me, it was a God moment—it was as if God was saying life might be stirred up at the moment with the COVID pandemic, and you might be feeling stretched with new things as you take on the mantle of priesthood, but remember I have got you, I am here right with you.

The cross is the universal symbol of the Christian faith. It is a paradox, a symbol of suffering and defeat, yet a symbol of hope. A gruesome instrument of torture used by the Romans holds the mystery of God in Jesus reconciling the world to himself. And, as it says in the ordination service, God has given us this ministry of reconciliation.

The path reflects my faith journey. The Christian faith is not about a set of rules to keep, it is about a person, Jesus, the Christ, who calls each of us to follow him, saying 'I am the way'. The journey is life long, there is no one destination, although there are key events on the way. It's a marathon not a sprint. The writer to the Hebrews likened it to a race God has marked out for us, where it's not a competition but we are all cheered on by those who have gone before us.

The additional collect for the 17th Sunday after Trinity

Gracious God,

you call us to fullness of life:

deliver us from unbelief

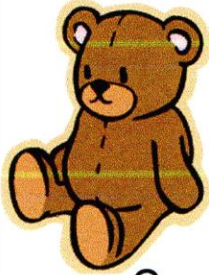
and banish our anxieties

with the liberating love of Jesus Christ our Lord.

Amen



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If you would like more information call in (no appointment needed) telephone us on 01246 451141 or email us at [newboldparishchurchpre-school@hotmail.co.uk](mailto:newboldparishchurchpre-school@hotmail.co.uk)

Newbold Parish Church Pre-school, The Eagle Club, St Johns Road, Littlemoor, Chesterfield, Derbyshire, S41 8QN

# The building project–Test pits dug!

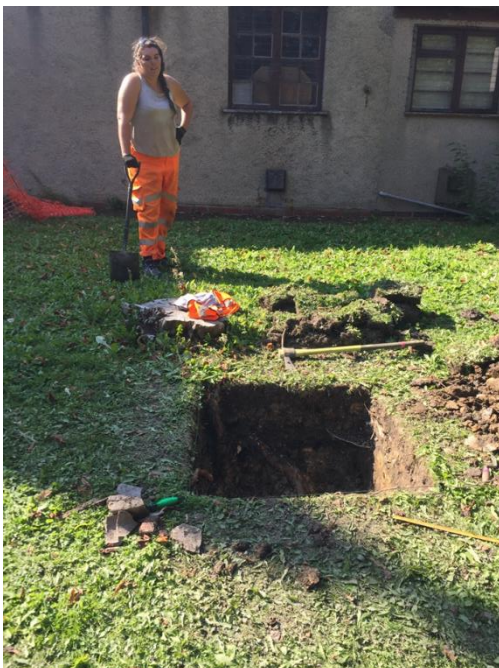
*From Revd Rhoda*

On Monday the 14th September two archaeologists finally turned up to dig the test pits for the new parish centre, after a long break because of the coronavirus pandemic.

Test pits are required for a number of reasons:

- Firstly, they are dug to look at the quality of the soil and check what the ground conditions are, this then enables engineers to design foundations.
- Secondly, they are also really helpful for checking if tree roots are a factor that needs to be designed around—a key consideration for Newbold, as these will impact what type of foundation is used.
- Finally, they are used to look directly at the area of construction to see if there is anything of archaeological relevance and whether this needs to be recorded before the building works.

Hopefully, now these have been dug, the engineers will now be able to get on with designing the foundations.



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## **THE 200 CLUB IS BACK....**

.... and the Club winners for August 2020 were as follows:-

First prize	(£32)	Doreen Madin	(Number 42)
Second prize	(£16)	Margaret Hobson	(Number 36)
Third prize	(£5)	David Such	(Number 63)

New members are always welcome. Please contact either Richard Peet (Tel. 520697) or Stephen Hewitt (Tel. 275225) for more information.

The next draw will be held on Sunday 25th October 2020



# Fundraising Events and Ideas

## **Newbold's got Talent!**

What hidden talents have you got? Are you good at playing a musical instrument, reciting poetry, dancing, telling jokes, doing a tribute act, making origami, solving the Rubik's cube, making something? Could you get somebody to do a video clip of you (max 3 to 4 minutes) that we could use as part of a talent contest, which would be streamed online as a fundraising evening. Ben will be hosting the evening, so please contact him for details and advice on videoing (see back cover)

## **On-line Auction of Promises**

Bearing in mind current restrictions, what could you offer in an auction? Gardening, baking, car washing, dog walking, or some sort of experience, e.g. Rhoda is offering a beekeeping experience. Rhoda will be collating offers of talents so please get in touch with her (details on back cover)



Online raffle. Rhoda is also investigating the possibility of an online raffle, more details to follow.

## **Newbold Parish Church**

### **Fundraising Campaign 2020 is live online**

We have not been able to hold a summer fete or any of our other regular fundraising activities, so we are running a general fundraising campaign. There is a donation button on the church website.

## Church Calendar Photography Competition!

This year we have decided to produce a calendar, which we will sell to raise funds. We are looking for 12 outstanding photographs from our readers of The Evangelist.



We would like you to send in your photographs on the theme

*"The beauty of God's world"*

This is deliberately wide open to interpretation and we are interested to see what you come up with. We will choose our 12 favourite photos and the PCC will choose which ones goes on the front cover.



The photo chosen for the front cover will be deemed the winning photo and will win a shopping voucher and free copy of the calendar.

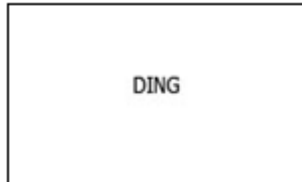
The photos need to be in a large-scale high resolution so that we can get a good print.

**Entries close on October 25th**, so we can announce the winner in the November magazine, so get snapping!

Please send all entries to: [sue.wheeler.stjohns@gmail.com](mailto:sue.wheeler.stjohns@gmail.com)

## Dingbat Puzzle

Dingbats are cryptic word puzzles that makes you need to look at things differently. The theme is GARDENING. The first one shows the answer to give you an idea of how it works.



1 Weeding



2



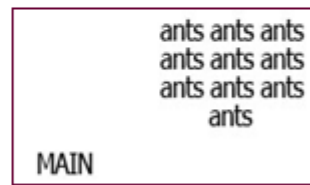
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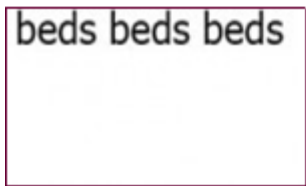
4



5



6



7



8



9



10



11



12



13



14



15

How did you get on? (Answers on page 35)



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-

"Service from beginning  
to end was professional.  
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time, with good attention  
to detail. Felt confident  
with this company  
working in my home."

## **More Time to “Zoom” with friends**

*From Hilary Barnes*

What a benefit it has been to keep in contact with friends at church by linking into “Zoom,” for chat and services. Before lockdown, I was aware of Skype, and thought it must be nice to be able to communicate with family that way, but never had the right gear to do it. Lockdown forced us to do things differently, and even I, the technophobe, could (with the help of Chris,) participate.

At the beginning of lockdown, I was contacted by a long-standing friend from a previous church, who wanted to resurrect on “Zoom” the prayer group we had 30 years ago. It has proved to be the most uplifting decision I have made of late. This month I would like to introduce you to these friends, and next month will share with you some of the answers to prayer and prophecy that we have experienced.

Firstly, there is Sue. Sue is the one who phoned me in the first place to get this prayer group under way. Sue was instrumental in my journey of faith and was the first lay person from the church who visited me pastorally after my first husband was diagnosed with a brain tumour and given only a few months to live. With 3 small children to look after, you can imagine, I was devastated by this prognosis. Sue was God’s love in action, regularly turning up with warm quiches and pies, supporting me with prayer and even undertaking the 70-mile round trip to visit my husband in a London hospital when I was too ill to visit. She rallied the women from the church to clean the house and do the catering for my husband’s funeral, to release me from that pressure. They did such a wonderful job that my eldest son (who was 10 at the time) remarked, “It was such a sad day saying good-bye to Dad, but what a great party afterwards!”

Sue is a wonderful artist and has produced numerous inspired Christian paintings. At one of our first “Zoom” meetings she suddenly said, “Is that one of my paintings behind you?” Of course it was, along with the 2 others dotted about the house. You may recall the beautiful “Jesus” acrostic that was used as background for several of the St. John’s videoed sermons and prayers, which was one of hers, along with a beautiful presentation of Psalm 139, which hangs in the downstairs loo because it complements the colour scheme. “You know me when I sit down and when I rise up” always seems to cause mirth.

Sue’s husband was an Air Traffic controller at Luton Airport until he relocated to East Midlands Airport, and they moved away (more years ago than I care to remember) to Melton Mowbray. They were involved in a Vineyard Church in Leicester, and then led a church plant in a school in Leicester. The future of that is obviously in question with all these COVID restrictions – hence the need for prayer support and ministry from understanding Christian friends.

Then there is Liz (surname GRIFFITHS, but no relation, although she was a red-head!) Liz was brought up in the Argentine and is bi-lingual. She had the audacity to support Argentina in the World Cup, but I think we can make allowances for that. She taught Spanish and a few years ago I was wishing that I had learnt Spanish with her when we were on holiday in Spain and I went to make use of the facilities, only to be confronted by the most unusual signs on the doors. No usual words or pictures to guide you to the right door, but rather the choice between Eggs or Pears! Women produce eggs don’t they, so that must be the Ladies. I opened the door and bid a hasty retreat when I saw a man! I found out later that an egg is a masculine noun, and a pear is feminine! You’d think that the Spanish would realise that not all Brits are fluent in the language, wouldn’t you?

Liz had a knicker tree in her garden. Her washing line was of insufficient length, so she regularly made use of the tree to dry her smalls.

The third friend is Mary. Mary was a librarian in Luton Central Library when I first met her. We hadn't long been in Luton at the time and she had such a lovely smile and friendly face, that I remembered thinking, "I would love her to be my friend." A week later I met her in church. She was sensitive to my embarrassment as my young daughter had a most "clicky" pair of shoes and wouldn't sit still. She suggested that we removed her shoes, which I thought was a good idea, and promptly did so. At this point my daughter realised that her ability to make a noise had been taken away, so she yelled the place down instead! Mary mouthed, "I'm sorry" across the aisle, and we became firm friends.

In the original prayer group there was also Jean. She was a domestic science teacher, whose claim to fame was that she taught Nadya Hussain, and had been hunted down by one of the TV channels to do an interview with Nadya on Breakfast Television. The sad thing was that creeping dementia had robbed Jean of her memory and she couldn't really remember the girl who had given up her lunch hours to help Jean to prepare for lessons because she was so keen to learn. Jean nevertheless managed to take part in the interview with all her usual energy and sparkle, so that no-one would have known the problems she was having.

Liz, Mary, Jean and myself continued our prayer support for each other when Sue left for Leicestershire, until Liz and I also left for pastures new. Jean does not feel able to be part of the current group for obvious reasons, but the reintroduction of the prayer support group feels as fresh now as when we started out.

What has God been saying to us during this crisis? Find out next month.



## Answers to Richard's Quiz - September Issue

1 Captain Sir Tom Moore 2 Sight, Hearing, Taste, Smell  
Touch 3 Hollyoaks 4 Sheffield United 5 Jamaica

6 Wessex 7 Five 8 Isle of Wight 9 Augusta

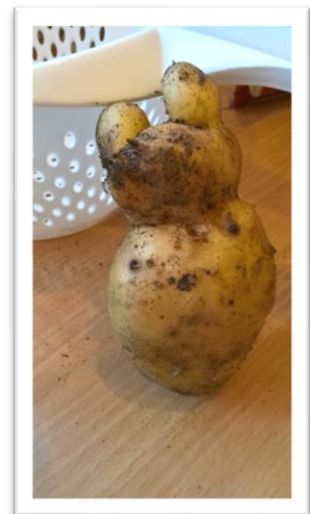
10 Old Trafford 11 Peak District 12 Katrina and the Waves  
13 Ringo Starr 14 Shoes 15 Liverpool 16 Downton Abbey  
17 Christmas 18 Mingle, Niggle, Single, Tangle, Tingle,  
Toggle, Waggle, Wangle, Wiggle, Woggle 19 Umbrella

20. Blue

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### Silly Veg Competition!

Our first entry has come from Chris Barnes.  
This is his own-grown potato, not shop  
bought. Can anyone top this?



### Part of a prayer from Bishop Libby 27<sup>th</sup> October 2020

Deliver us from this disease, we pray, and enable all nations  
and communities to grow in collaboration and unity as we face  
this challenge together.

Grant a legacy of enduring common purpose in facing all that  
threatens our global common good.

We pray in Jesus' name, in the unity of the Spirit. Amen

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Jumble Sales  
Pre-School

# **Annual Meeting of Parishioners and Annual Parochial Church Meeting (APCM)**

*From Adrian Blanksby PCC Secretary*

The annual meetings were held on Sunday 20 September following the morning service. There were 31 people present, which is a good number given the current circumstances.

As Ben was unable to attend the meeting, Richard Peet as Vice Chair of the PCC ably stepped up, supported by Rhoda and myself, to chair the meeting. Rhoda welcomed everyone to the meeting and read a couple of quotes stating that we are called to 'willing and faithful'.

During the meeting of Parishioners, Rhoda offered a vote of thanks to Lesley Howard for her service as Churchwarden over the last two years. Lesley had stated that due to commitments she did not wish to stand again. Lesley's contribution as a key worker during the pandemic was acknowledged and it was good to hear that she had offered to serve as a Duty Warden for the coming year. Richard added his own personal thanks to Lesley for her support to him over the last two years.

Rhoda presented Lesley with a wonderful flower arrangement and a warm round of applause followed.





Rhoda then moved to thank Richard for his service in the last year and that she was delighted to inform everyone that he was to be awarded the Bishop's Badge for his work during the pandemic. Richard's efforts were warmly appreciated by the meeting.

Moving to the election of Churchwardens, only Richard Peet had been nominated in advance of the meeting and his appointment was accepted at the meeting.

During the APCM, Adrian Blanksby reported on the working of the PCC for 2019. He said a large proportion of the work had again revolved around the new heating system as well as looking forward with plans for the Parish Centre. He said the Parish had been blessed with Rhoda joining us during the year. Another major outcome in the year was the PCC agreeing to the 'Admission to Communion' where attendees, mainly at the Church School but also in Church, would be able to receive communion before they are confirmed. It is hoped that the change will help lead people to faith and want to know more and seek confirmation.

Julie Franks reported on safeguarding and said the last year had seen a lot more work revolve around Adult Safeguarding and she thanked Ena Johnson for her work and support on this important subject relevant to all Parishes.

Regarding the Deanery Synod, Adrian referred to the report in the pack and stated the current Synod was coming to an end and new representatives were to be appointed during the meeting.

*....Report continues on page 26*

## **Bible Readings and Collects**

### **Sunday 4 October 2020 Trinity 17**

*Exodus 20.1-4,7-9,12-20; Psalm 19; Philippians 3.4b-14;*

*Matthew 21.33-46*

Almighty God, you have made us for yourself, and our hearts are restless till they find their rest in you: pour your love into our hearts and draw us to yourself, and so bring us at last to your heavenly city where we shall see you face to face;

through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

(or)

Gracious God, you call us to fullness of life: deliver us from unbelief and banish our anxieties with the liberating love of Jesus Christ our Lord.

### **Sunday 11 October 2020 Trinity 18**

*Exodus 32.1-14; Psalm 106.1-6,19-23; Philippians 4.1-9;*

*Matthew 22.1-14*

Almighty and everlasting God, increase in us your gift of faith that, forsaking what lies behind and reaching out to that which is before, we may run the way of your commandments and win the crown of everlasting joy; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

(or)

God, our judge and saviour, teach us to be open to your truth and to trust in your love, that we may live each day with confidence in the salvation which is given through Jesus Christ our Lord.

## **Sunday 18 October 2020 Trinity 19**

*Exodus 33.12-23; Psalm 99.1-9; 1 Thessalonians 1.1-10;*

*Matthew 22.15-22*

O God, forasmuch as without you we are not able to please you; mercifully grant that your Holy Spirit may in all things direct and rule our hearts; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

(or)

Faithful Lord, whose steadfast love never ceases and whose mercies never come to an end: grant us the grace to trust you and to receive the gifts of your love, new every morning, in Jesus Christ, our Lord.

## **Sunday 25 October 2020 Trinity 20**

*Deuteronomy 34.1-12; Psalm 90.1-6, 13-17; 1 Thessalonians 2.1-8; Matthew 22.34-46*

God, the giver of life, whose Holy Spirit wells up within your Church: by the Spirit's gifts equip us to live the gospel of Christ and make us eager to do your will, that we may share with the whole creation the joys of eternal life; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

(or)

God, our light and our salvation: illuminate our lives, that we may see your goodness in the land of the living, and looking on your beauty may be changed into the likeness of Jesus Christ our Lord

*I will bless the Lord at all times*

*Psalm 34 v1*

# Dairy for October 2020

**Sunday 4 October 2020** Dedication Sunday 10am Mass

**Sunday 11 October 2020** Harvest Festival 10am Mass

(see inside cover for further information)

**Sunday 18 October 2020 Trinity 19** 10am Mass

**Sunday 25 October 2020** Bible Sunday 10am Mass

**(no after Service coffee in October)**

## Virtual Events for October

Saturday 3 October Virtual Coffee Morning 10am-12 noon

Wednesday 7 October Virtual Women's Group 7pm

Saturday 18 October Virtual Men's Group

Tuesdays in October Virtual Morning prayer 9:50am–10:50am

Virtual Quiz Night and Raffle – Date to be confirmed

These events will all be on Zoom, a video-conferencing platform. Zoom is free for you to participate in. You can join a Zoom meeting from a computer, a tablet, a smartphone, etc. and you can even join via a landline (when you can hear everyone, but not see them, and you may get charged a standard call rate).

Please contact Revd Rhoda or Revd Ben (details on the back cover)

*Items for the November Magazine, to the editors by **Sunday 18 October 2020**, please.*



# From the Registers

**Churchyard** [burial or interment of ashes]

5 September	Walter Nichol
8 September	George Lee
14 September	Lewis Edward Ellis
19 September	Catherine Nora Keep
30 September	Dorris May Herrod



*May they rest in peace and rise in glory*

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## Prayer List

During our time of intercessions, we pray for the sick, those awaiting a diagnosis, treatment or a consultation.

We may pray for someone known to us, members of our congregation, family, friends, or neighbours,

We also remember the residents at Elm Lodge and Ridgewood House, and members of our congregation who receive communion at home.

We say let us pray for the sick in body, mind, and spirit.

If you know of someone that we should be praying for at this time please let Richard Peet know, and we will pray for them during the time of prayer in the service.

At the end of each month Richard will contact the person who has made the prayer request to check they wish them to continue be prayed for during the next month.

These prayers are very important to those who have made the request and gives us, as a congregation, time to pray in silence to God for those who are ill.

.....APCM report continued from page 21

Rhoda offered her thanks to everyone for the warm welcome and support she had received since joining Newbold as a Curate. She hoped that her ordination would take place on Saturday 26 September and would therefore celebrate her first Mass the following day. She offered her thanks to Ben, the Churchwardens and everybody for the encouragement and support to now.

Moving to the financial accounts, as David Priestley the PCC Treasurer was unable to attend the meeting, Adrian presented the accounts. Although the accounts again included substantial costs relating to the heating system, as well as fees relating to the Parish Centre project, overall there was a small excess of receipts over payments of £1,606 so were in a good place financially at the end of the year.

Richard then offered a vote of thanks to David for his 29 years' service as PCC Treasurer and informed the meeting that David had decided to step down from the post. Richard confirmed that Jonathan Laban would be taking over as Treasurer for the coming year, and hopefully years to come.

Trish Law had provided a report on the changes to the Electoral Roll. There had been six additions with four names removed. The Electoral Roll now stood at 89 people.

The meeting was then asked to pass a motion to appoint Lay Readers as members of the PCC. This was agreed and Chris Barnes was welcomed to be part of PCC. Following the motion, the below appointments were made to represent the Parish until April 2023:

## Deanery Synod Representatives

- Chris Barnes, Adrian Blanksby and Charmaine Saunders

## PCC Representatives

- Ann Adams, Heather Peet and Christine Wieloch

Richard offered a vote of thanks to both Margaret Beasley and Bob Cable for their service over many years as both had not sought re-election this time.

Richard then gave a report as Churchwarden. He said the use of technology over recent months had been a change, and challenge, but had meant that meetings, morning prayer and other items in church life had been able to continue. He thanked everyone for the contributions for the magazine which had gone from strength to strength in recent editions. He offered his thanks to Ben and Rhoda for their support to him over the year.

Looking forward to 2021, Richard said he hoped the finances of the Parish are used wisely when it comes to the development of the Parish Centre and the local community are able to use and enjoy the facility.

Regarding the Parish Centre, Richard reported that some of the necessary work had been completed during the week in the Churchyard and that the Architects had recently joined a PCC meeting remotely to present plans on the Centre.

Rhoda concluded the meeting by thanking everyone for attending, for their faithfulness and willingness to serve and brought the meeting to a close in prayer.

## **Proverbs of Solomon, son of David, King of Israel**

A cheerful look brings joy to the heart and good news gives health to the bones.

For lack of guidance a nation falls, but many advisors make victory sure.

Many are the plans in a man's heart, but it is the Lord's purpose that prevails.

Reckless words pierce like a sword, but the tongue of the wise brings healing.

Pride goes before destruction, a haughty spirit before a fall.

Better a dry crust with peace and quiet, than a houseful of feasting with strife.

A gentle answer turns away wrath, but a harsh word stirs up anger.

Wine is a mocker and beer a brawler; whoever is led astray by them is not wise.

Better a little with righteousness than much gain with injustice.

How much better to get wisdom than gold, o chose understanding rather than silver!

The glory of young men is their strength, grey hair the splendour of the old.

## **One of Rhoda's sermons in August was about KEYS, which reminded me . . . .**

*From Stuart Watkinson*

### ***Sir Harry Lauder - Victorian Music Hall artist***

Here is an article from Wikipedia :

By 1911 Harry Lauder had become the highest-paid performer in the world and was the first British artist to sell a million records; by 1928 he had sold double that. He raised vast amounts of money for the war effort during the First World War, for which he was knighted in 1919. He went into semi-retirement in the mid-1930s, but briefly emerged to entertain troops in the Second World War. By the late 1940s he was suffering from long periods of ill-health and died in Scotland in 1950.

He had lived as a child for a very short time with his family in a terraced cottage close to where St John's Road used to join Sheffield Road on Whittington Moor - the big by-pass roundabout now occupies the same area. My uncle subsequently owned the terrace of cottages which were demolished (in I think the late '50s or very early '60s) and, as I got the job of removing various bits of salvageable material, I kept the key to the outside lavatory which had been used by the Lauder family!

As you will see from the internet passage below, there is a Newbold Church connection.



“Harry’s father was offered an excellent position at Pearson’s Pottery at Newbold near Chesterfield, Derbyshire, which he accepted. However, after being there only a short time he contracted pneumonia and died aged only 32. He was buried in Newbold Churchyard in 1882 and his widow moved back to Arbroath with her family.”

---

## **Jams & Chutneys for sale in aid of our Church**

All £2 per jar. Please speak to Ruth in church or contact her on 450797. Delivery can be arranged, if required.

### **Jams available –**

Raspberry, Seedless Raspberry, Blackcurrant, Rhubarb & Ginger, Plum, Mixed Fruit, Gooseberry, Raspberry & Blackberry, Red Currant Jam and Red Currant Jelly.



### **Chutneys available –**

Gooseberry, Rhubarb, Green Tomato

And soon – Plum Chutney and Beetroot Chutney

Jars are now needed again – 1lb and smaller sizes please.

Many thanks, Ruth.





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## Becoming the people we are meant to be

*From Steph Parkes*

*"We ain't what we oughta be. We ain't what we want to be. We ain't what we gonna be. But thank God, we ain't what we was".*  
Martin Luther King.

One of the forms of confession that we use in the Eucharist, speaks of our actions having 'marred God's image in us' and through confession and forgiveness that image is restored in us—but we have to own our faults, to really begin to know ourselves from the inside out.

How do we go about looking, really looking at the things we've done, said or thought, really developing a deeper knowledge of ourselves and who God wants us to be?

One tried and tested way is to use something known as the Examen developed by St. Ignatius of Loyola. A simplified version can be found in **Pete Grieg's book 'How to Pray'**.

He suggests that we take a few minutes before bed to review the day we've had before the Lord. This can be 'an extraordinarily powerful tool for confession, reconciliation and personal transformation' – P159.

Firstly, you replay your day in your mind in as much detail as possible, recalling the mundane interactions you've had, the fleeting attitudes you've had, casual conversations and so on. It's been compared to rummaging through a drawer full of stuff, looking for something you're sure is there. In all this rummaging we ask where is God to be found?

In an average day there is much to rejoice and to repent and we begin to see how present God is in our lives 'at work in all things, all people, all places, and at all times' – p159.

As you rummage through your day you begin to perceive the ways God has blessed you. This leads us to rejoice in our blessings – for example in the joy of the unexpected meeting with a friend, something which made you laugh, the hug from someone, the cup of freshly brewed coffee, the sunrise or sunset, and so forth. Give thanks to God.

But God is not just in the nice stuff, he's also in the darker places, in our doubts and sins. The question is still 'where are you in this, Lord?' 'Where are you now in my weariness and disappointment today?'

It has been put like this, 'Unwelcome circumstances are not gifts. But they may contain a gift.' This enables us to unwrap those gifts – p160.

As you replay your day, rejoicing in the good, you will be reminded of actions and thoughts that were wrong. We can try to conceal them, ignore them, like Adam and Eve in the Garden. But we are called to repentance. Just as we wash off the grime of the day, by acknowledging our faults, we become a little more like Jesus each day – p161.

Having replayed the day in detail, rejoicing and repenting, it's time to turn your attention to tomorrow and its challenges, asking God for strength to live a little more for his glory. Each day we 'incline our hearts again and again from the shadows and towards the light' – P 161.

### ***Replay, rejoice, repent and reboot!***

Some years ago I came across this – Phoenix House Philosophy. Phoenix House is a place for those battling with addiction, a situation which means a person has to confront honestly themselves and the situation they find themselves in.

### **This is the Phoenix House Philosophy:**

*"We are here because there is no refuge finally from ourselves.*

*Until we confront ourselves in the eyes and hearts of others we are running.*

*Until we suffer them to know our secrets, we can know no safety from them.*

*Afraid to know ourselves we can know no others.*

*Where else but in our common ground can we find such a mirror. Here at last we can appear clearly to ourselves. Not as the giant of our dreams, nor as the dwarf of our fears, but as people; part of the whole with a share in its purpose.*

*Here together we can take root and grow, not alone as in death, but alive in ourselves and in others."*

## QUIZ

From these brief descriptions, can you work out the famous person

- 1 She repaired the roof
- 2 Young shoots on a prickly tree
- 3 He is a small swamp
- 4 Weather to have chips?
- 5 Bird. Not a slave any more
- 6 Hot lady ex-politician
- 7 The Duke
- 8 Knot a tie for Charlie
- 9 Forest, not west
- 10 Italian sweet singing bird
- 11 The full Monty, complete with wheelbarrow
- 12 Dutch jewelry
- 13 Knowledgeable knight, melodious voice, a national treasure
- 14 A quick bird in his garden
- 15 This clever ocean bird may even be a policeman
- 16 A funny cigar-shaped sweet treat covered in chocolate
- 17 It's what you do with suitcases
- 18 Beach. Danish (Answers in November edition)

## **Confessions of a Hospital Chaplaincy Visitor**

*from Wendy Drake*

A few years prior to retiring from work in 2006, my then Church Pastoral Team had a visit and talk given by the Chaplain from the local hospital in Runcorn, where I was living at the time. She was also touting for volunteers to join her team of Visitors. As she spoke, I had a prompting 'from above', telling me that this was what might be planned for me when I finished work, and had all this supposed free time on my hands?!

The idea had really resonated with me since soon after moving to London in my late teens, I had spent several weeks as an in-patient in a large teaching hospital. My parents, living in Hastings, could only visit at weekends, and I was so pleased to see anybody else to talk to. I'm sure you will appreciate the picture – I was feeling pretty isolated, and the long hospital days seemed endless.

So, I retired from work and felt I was still being prompted to visit the patients in the local hospital. At that time there were two surgical and three respite wards, for those people recovering from illness but not yet fit to return home or to care homes, so mainly the more elderly, and there was as well a Mental Health Unit with three wards.

A fellow Pastoral Team member was already volunteering as a Chaplaincy Visitor and I went along with her and spoke with the then new Chaplain. Thus, began my initiation, at first shadowing and being made aware of procedures before being let loose on my own!

Over the next thirteen years, until moving to Chesterfield, I really began to feel 'at home' in visiting and talking with many patients. I'm not suggesting that I was brilliant at the task initially and I made a number of 'faux-pas', especially when being a little tactless in how or what I said to the patients. Always though I heard this little voice in my head, telling me I shouldn't have said what I did. The once weekly visits then became twice weekly as I gained experience in recognising

how I could and should be responding to patients' needs, as well as maintaining confidentiality between us.

The staff were mostly very welcoming, although there were one or two whose trust I needed to gain at first, but with time and sporting my photo ID badge, I no longer needed to introduce myself as I entered the wards. As time went on, I was then on first name terms with staff and able to chat freely with them too.

I was encouraged to offload any concerns or worries with the Chaplain as I finished my rounds, so that I wasn't taking them home with me. It could have been so easy to dwell on some situations which I obviously couldn't personally address. On occasions, and with more experience, I felt increasingly confident to mention any concerns I had directly with the staff, after having spoken to the patients. Some felt able to speak to me rather than to the staff so that in some instances I acted as the go-between for them.

In the earlier days, patients were invited to join the Team at short services on a Thursday morning. As I visited each week, I was encouraged to ask patients if they would like to join us on the Thursday, always checking with the staff first to make sure they were capable of a short trip to the Chapel, via the lifts and corridors, which were at times a little draughty. For health and safety reasons, the staff got the patients into wheelchairs for me to wheel away. This was a very telling time when I then appreciated the weight of some, having only previously seen them in bed!

During Advent, the Chapel became particularly cosy as many patients joined us for the services and, at times, we all only just fitted in. The elderly patients, in particular, loved to sing carols and it was always amazing to appreciate how well they remembered the words, even those with memory problems. I had 'opened my mouth' early on to say I could read music and, unknown to me there was a keyboard lurking in a cupboard. So it was that I needed to attempt to brush up on my playing 'skills' not having mentioned the fact I hadn't played for years. However, the singing was able to drown out the many mistakes and wrong notes I played - on the whole!



The patients enjoyed the time together at least, but I also came to realise that some sang quickly, and others were way behind. I can now fully appreciate and admire those who lead our church music.

During my time visiting, I met up with a number of patients I knew, and we were able to catch up on news about families etc. Others recognised me first and even parents of my son's and daughter's friends acknowledged me, from days and years gone by when on Parent Teacher Association Committees among others, which goes to show how small the world can be.

When I first visited the Men's Ward, I had apprehensions about what to talk to them about, but finding them reading the papers, particularly the sports sections, or magazines, was a great starting point. I have always enjoyed keeping up to date with the latest general and sports news, so visiting prompted me to check the headlines first as well as the latest football scores, before each visit. I have supported Liverpool since moving North, so you can imagine there was a fair bit of light-hearted banter when others were Everton, Manchester United and Manchester City fans.

I was quite taken aback though, in particular with some of the male patients when they, none too discreetly, wanted to talk to me about their ops, many of them to do with the male anatomy. All the while I was thinking to myself, I'm getting too much information here!

The female patients kept me in touch with their favourite authors, whilst also recommending particular books which they had found interesting. I was also given hints and tips about various crafts which quite went over my head, I have to admit, since I've never been a 'hands-on' person creatively. I was very often treated to stories about local history as well, having not been born and bred in Runcorn. All in all, it was truly informative for me to find out a little about an awful lot. I did, at times, visit the Mental Health Unit which proved particularly challenging when confronted with patients with different anxieties, phobias and more complex issues and, all behind locked doors.

Over time I came to fully understand and appreciate just what a typical day each member of staff had to face, and that they too were having to cope with their own personal problems. So it was that I frequently felt the call to have a quiet word with them too.

The whole experience was most definitely one of enlightenment on my part and I must say I felt I was being 'led' all the while, realising too, that at times I could have spoken to between 30 and 40 different patients on just one visit. I had expected to get a few rebuffs when I introduced myself, but I can count on just one hand the number of occasions when patients didn't want to talk to me. It was as if they felt threatened and I was attempting to convert them, there and then. I always remember one particular lady who then joined in the conversation when I spoke to the lady in the next bed! There were a few times too, when patients asked if I would pray for them and again, I felt really encouraged and 'supported', especially knowing that I'm certainly not the greatest at praying with and for others!

So, I met patients of different religions, and colour, as well as prisoners complete with their handlers and, literally in chains. Everything considered, I must say that the whole experience was very rewarding, and I most definitely felt extremely privileged to be given the chance to listen to and respond to others.

I forgot to mention that I was treated to a good number of jokes, mainly from the menfolk, some a little choice I might add, but therein I had a problem. I mostly couldn't remember the punchline by the time I got home!

### **Together**

Lord, help me to remember that nothing is going to happen today  
that you and I cannot handle together.

## **Stop Press!**

The Reverend Keith Cocking, Team Vicar in the Buxton with Burbage & King Sterndale Team Ministry and previously a much liked curate at St. John's, Newbold, has been appointed Rector of Elmton with Creswell & Whitwell with Steetley. He hopes to take up his new appointment in the winter.

Many of us will remember Keith as being a great pastoral minister, spending lots of time chatting to those he visited and having a great delight in eating their biscuits.

We wish him all the best for the future and as he will be living nearer to our area now, hopefully we may even bump into him sometime.

## **Answers to Dingbats Quiz from page 11**

1. Weeding   2. Staking Border Plants   3. Thyme
4. Scented Rose   5. Spiny Cactus   6. Low Maintenance
7. Raised Beds   8. Potter around in the Garden
9. Mixed Borders   10. Ivy   11. Laying a Lawn
12. Herbaceous Border   13. Hybrids   14. Forsythia
15. Growing bags

## **4 Sale 4 Church Funds**

Hilary Barnes has some jam – made from fruit from Rhoda's garden.

Available are seven pots of Damson Jam and four pots of Damson Cheese (sieved Jam) at a cost of £2.50 per pot.

Contact **Hilary on 01246 204951**

## BIBLE SUDOKU

First you answer the scripture-based questions to determine the numbers for each clue and place them in the squares mentioned. Then proceed as normal, placing numbers 1 to 9 in each row, each column and each of nine 3 x 3 areas within the puzzle grid.

For F8, B1, H3, C9

“Love ....another, as I have loved you.” (John 15:12)

For I6, B8, H2

How many sons of Ornan hid themselves from the angel of the Lord? (1 Chronicles 21:20)

For H8, G3, I4

Which verse of Genesis 37 tells of Joseph’s dream of the sun, moon, and eleven stars bowing to him?

For D6, I8, B7, F3

What number times 3 equals the number of seats surrounding God’s throne in John’s vision? (Revelation 4:4)

For H7, D4

How many days before Passover did Mary anoint Jesus’ feet? (John 12:1-3)

For E5, G7, A6, F1, B3

Which angel’s vial of wrath resulted in pain so severe that the people gnawed their tongues? (Revelation 16:10)

For F5, A7

How many times did Elijah send his servant back to look for rain clouds? (1Kings 18:42-43)

For D7, B2

“That if .....of you shall agree on earth...” (Matthew 18:19)

For H1, A3, I5, F4

How many chapters are in the book of Titus?

From Fun Bible Sudoku, published by Barbour Publishing Inc. Used by permission.

	A	B	C	D	E	F	G	H	I
1									
2									
3									
4									
5									
6									
7									
8									
9									

## Autumn list of things to do

*From Steph Parkes*

At the prospect of further restrictions due to COVID and the inevitable darker evenings and colder days of Autumn, I decided to devise a list of 'things to do' to give myself a more positive mindset for the season ahead. This is my list, hope it inspires you to write your own!

1. Go out and **collect autumn leaves** and appreciate shapes and colours.
  2. **Make leaf rubbings.**
  3. Collect enough leaves and other autumn related things to **make an autumn wreath**- eg acorns and pinecones etc.
  4. Nov 11th is St Martins day and the tradition is to **make lanterns**, so using an old jam jar and leaves I've collected, stick leaves to outside of the jar and place a candle inside to illuminate the autumn colours.
  5. **Make apple pies!**
  6. Roast pumpkin and sunflower seeds for a **healthy snack**.
  7. Take lots of **walks in the park** and really thank God for all the beauty of creation- try to really look and listen to the world around me.
  8. Take an **early morning walk in the mist**.
  9. Take a **stroll on a rainy day** under an umbrella and try and appreciate the rain!
  10. Go out on a clear night and **look at the stars**.
  11. **Drink hot chocolate!!**
  12. **Take photos** of plants, trees, sunsets, sunrises.
  13. Use my photos to **create watercolour pictures**.
  14. Have a go **at making potpourri**. Do this by drying apple and orange slices in the oven and adding cinnamon sticks and rosemary sprigs.
  15. **Sort clothes**- get out autumn/ winter clothes and put summer/ spring clothes away.
  16. Make a list of all the people and things I'm **thankful** for!!!
- It would be lovely to hear other folks ideas and share your interests.



## GIVING DURING A CRISIS

*From Revd Ben*

How do we give financially to church during 'lockdown'?

Obviously, we cannot give to the church via the collection envelopes, on to the plate during services or into the wall boxes at the moment.

Therefore, if you would like to continue to support Newbold Parish Church financially, please send **cheques** payable to **'Newbold PCC income account'** to:

Newbold PCC, % The Rectory,  
Littlemoor, Chesterfield. S41 8QN

Or, you can donate via **direct transfer**:

**'Newbold PCC income account'**

HSBC Bank plc

Sort Code: 40-17-15

Account No: 61331795 (mark it 'donation')

If you have previously filled out a gift aid form this will still count. If you need a gift aid form do let us know.

**Standing order.** Once again, a huge thank you to those of you who give regularly via standing order. This is the best way for us to keep track of our finances. If you don't give this way, and would like to, please contact us and we can send you a form.

Finally, if you are struggling financially at the moment, do feel free to lower your giving. We don't want anyone to feel pressure to give at this difficult time.

Every blessing

**St John the Evangelist Church**, on St John's Road, is the Church of England Parish Church of Newbold with Dunston, in the North East Derbyshire Deanery, Archdeaconry of Chesterfield, Diocese of Derby and the Province of Canterbury.

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<b>Please note:</b>	<b>The Rector is unavailable on Thursdays</b>	
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Lay Reader	Chris Barnes	07753835687
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**For Baptism and Marriage arrangements please contact our Rector, Ben, directly via email: [revbengriffiths@gmail.com](mailto:revbengriffiths@gmail.com) or phone 01246 450374**